

Virtual Visits Convenient health care at your fingertips

You and your covered dependents can access a board-certified MDLIVE doctor 24 hours a day, seven days a week.* Speak to a doctor quickly or schedule an appointment based on your availability. The average wait time is less than 10 minutes. Consultations with a licensed therapist are available by appointment, via secure video.

Activate your account online by visiting **MDLIVE.com/bcbsmt** or by calling **888-684-4233**.





BlueCross BlueShield of Montana





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- * In the event of an emergency, this service should not take the place of an emergency room or urgent care center.
- ** This cost applies to a medical consultation. Call the MDLIVE Customer Service department for behavioral health cost information.

Activate your virtual visit benefit before you need it!



Activate — Create your account online or call the MDLIVE Customer Service number.



Select – Choose a doctor or therapist.



Consult – Interact with a board-certified doctor or therapist.

Firstname M. Longlastname

and eligible dependents

MDLIVE board-certified doctors are available 24/7 for non-emergency conditions.

· Cold and flu

- Prescriptions (if needed)
- Respiratory problems
- · And more

Behavioral health consultations are available by appointment.

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MDLIVE, an independent company, provides virtual visit services for Blue Cross and Blue Shield of Montana. MDLIVE operates and administers the virtual visit program and is solely responsible for its operations and that of its contracted providers.