

Shodair Children's Hospital

Fiscal Year 2020-22

**Community
Health
Improvement
Plan**



To heal, help and inspire hope

Shodair Children’s Hospital Community Health Improvement Plan FY2020-22

In April of 2019, Shodair Children’s Hospital completed its every three year Community Health Needs Assessment. This Assessment identified four key areas of mental health needs within its primary service area.

One of these needs, specifically the lack of mental health providers in both rural and urban communities, has been addressed in Shodair’s 2019 Strategic Plan. The other three needs listed below were selected by Shodair leadership as areas to focus its community health improvement efforts over the next three years.

- **EDUCATION TO RURAL COMMUNITIES**
- **LOW INCOME NEIGHBORHOODs**
- **NATIVE AMERICAN POPULATION**

Priority Area 1 EDUCATION TO RURAL COMMUNITIES

Priority Area 1.1 Education of Schools

Overall Goal	To ensure educators of schools in rural communities of MT are well informed of youth mental health issues and supportive strategies with students

Activities:

Year 1:

- To create a resource document as a reference for educators
- Invite local and surrounding educators to relevant Shodair in-house training sessions

Year 1-3:

- To provide presentations to Educators at state and regional gatherings
- To implement a quarterly e-newsletter to Educators:
 - What's new at Shodair
 - Focused topics of value to educators
 - Success story of student's transition from Shodair back to school
- Provide consultative services to educators as requested

Priority Area 1.2 Education of Referring Rural Hospitals and Community Providers

Overall Goal	To increase the knowledge and awareness of hospital and community providers working with children and youth as to the causes, diagnosis, treatment and mitigating strategies of children's mental illness (ACEs, YMHFA, Weighted Blankets, etc)

Activities:

Year 1:

- Develop education materials in various media formats specific for presentations to rural hospital staff
- Follow up with thank you notes for patient referrals
- Conduct 2 on-site presentations to hospital staff
- Implement a quarterly e-newsletter to Hospitals:
 - What’s new at Shodair
 - Focused topics of value to hospital staff
 - Spotlight a hospital and ambulance for recognition

Year 2-3:

- Conduct 3-5 on-site presentations to hospital staff

Priority Area 1.3 Education of Community Business Leaders

Overall Goal	To increase the knowledge and awareness of the impacts of Adverse Childhood Experiences on the employees in their businesses and community and mitigating strategies

Activities:

Year 1:

- Develop education materials in various media formats specific for presentations to rural community business leaders
- Conduct 2 on-site community presentations to business leaders in coordination with Shodair staff presenting at community hospital
- To participate and support the local Elevate Montana in its efforts to educate local business leaders
 - Provide Shodair person as member of Elevate MT team and workgroups
 - Provide financial support via Community Benefit Funds

Year 2:

- Conduct 3-5 on-site community presentations to business leaders in coordination with other Shodair staff presentations

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Priority Area 2 LOW INCOME NEIGHBORHOODS

Priority Area 2.1 Neighborhood Selection and Potential Collaborators

Overall Goal	Identify one low-income neighborhood and the organizations, agencies and other leaders providing services to children in youth and this neighborhood
Activities:	
<i>Year 1:</i> <ul style="list-style-type: none"> • Select neighborhood based on highest need and interest • Inventory the organizations, agencies and other leaders providing services to children and youth in this neighborhood 	

Priority Area 2.2 Engaging Potential Collaborators in Creating a Vision

Overall Goal	To create a workgroup of organizations, agencies, neighbors, and other community leaders to develop a shared understanding and vision for addressing the social determinants of health of the neighborhood residents

<p>Activities:</p> <p><i>Year 1:</i></p> <ul style="list-style-type: none"> • Invite the various stakeholders identified in 2.1 above to an initial meeting to communicate the purpose and expectations of this collaboration and to introduce them to the idea of “collective impact” • Identify during this meeting other stakeholders that need to be included • Create a calendar for regular workgroup meetings • Develop and present education on ACEs, SDOH, etc. to ensure all workgroup members have a common understanding and language
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Priority Area 2.3 *Establish a base-line of neighborhood data*

Overall Goal	To establish a base-line of key neighborhood data and use this data to identify key areas of focus for improvements
<p><i>Year 1-2:</i></p> <ul style="list-style-type: none"> • Conduct a neighborhood survey to develop a base line for key social determinants such as housing, food, exercise, transportation, etc. • Summarize survey results and present to workgroup 	

Priority Area 2.4 *Development of an Action Plan and Implement*

Overall Goal	To create a Master Action Plan to address the key focus areas identified during the survey and ongoing implementation

Activities:

Year 1-2:

- Form subgroups around each of the key focus areas
- Establish subgroup assignments and due dates
- Combine the results of each subgroup into a Master Action Plan
- Develop funding needs to carry out action plan
- Discuss and agree on organizational structure for implementing the Master Action Plan going forward:
 - Existing organization or agency?
 - Continue with volunteers?
 - Form a new non-profit organization?
 - Other?

Year 2-3:

- Identify key measures of success
- Implement Master Action Plan
- Monitor success measures on a regular basis
- Incorporate new knowledge, technology, etc as it becomes available

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Community Health Improvement Plan**

Priority Area 3 NATIVE AMERICAN OUTREACH

Priority Area 3.1 Native American Population Selected

Overall Goal	Identify one Native American population that has high needs related to ACE awareness and mitigation strategies

<p>Activities:</p> <p><i>Year 1:</i></p> <ul style="list-style-type: none"> • Select Native American population based on best available data • Inventory the organizations, agencies and other leaders providing services to children and youth in this population

Priority Area 3.2 Engaging Potential Stakeholders in Creating a Plan

Overall Goal	To create a workgroup of organizations, agencies, and tribal leaders to develop a shared understanding and vision for the best ways to present ACE awareness and implementing mitigating strategies
<p>Activities:</p> <p><i>Year 1:</i></p> <ul style="list-style-type: none"> • Invite the various stakeholders identified in 3.2 above to an initial meeting to communicate the purpose and expectations of Shodair’s interest in providing ACE awareness education • Identify during this meeting other stakeholders that need to be included • Create a calendar for stakeholder education and community education 	

Priority Area 3.3 Education of Stakeholders

Overall Goal	To educate stakeholders on the ACE study and the importance of communicating this to tribe members along with education on implementing known mitigating strategies
<p><i>Year 1-2:</i></p> <ul style="list-style-type: none"> • Develop ACE culturally sensitive and appropriate education materials • Provide stakeholder education 	

Priority Area 3.4 Education of Community

Overall Goal	To educate as many community members as possible to the ACE study, long-term impact on health and the mitigating activities that help reduce these negative impacts
Activities: <i>Year 1-2:</i> <ul style="list-style-type: none">• Develop a plan to reach as many members as possible• Schedule community meetings• Discuss feasibility of conducting a community-wide ACE survey <i>Year 2-3:</i> <ul style="list-style-type: none">• Conduct survey if approved by group• Report on survey results• Amend plans as need and continue with education opportunities• Assist in developing ACE mitigation strategies	