

THV/PASSES

Depending on your child's treatment plan, insurance coverage and safety level, they may be able to go on Therapeutic Day Passes or Therapeutic Home Visits where they stay overnight.

They will be sent with medication, a safety plan and goals on THV/Pass. THVs/Passes are opportunities for your child to practice safety and using their coping skills in an environment outside of the hospital.

Upon return from THV/Pass, they will be required to complete a body check. They may also be asked to complete a clothing change and provide a urine sample for a drug screening. If they are not cooperative with this process, the treatment team may limit or cancel future THVs/Passes. All new items brought into the hospital from a THV/Pass will be searched and inventoried.



Shodair Children's Hospital

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<https://shodair.org>

Glacier Program Contact Information

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Program Director:
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Unit Assistant:
Maggie Chovanak (406)444-1031

Psychiatrist/Nurse Practitioner:
Dr. Heather Zaluski, MD (406)444-7528

Therapists:
Acacia Heffner, MSW (406)444-1018
Jake Leeper, LCSW (406)444-1107
Bernadette Miller, LCPC (406)444-7557

Teachers:
Amy Allen, M.S. SpEd. (406)444-7594
Amy Abendroth (406)444-7599

Recreation Therapist:
Nicole Mihalik, CTRS (406)444-1141

Licensed Addiction Counselor:
Cindy Oliver, LAC (406)444-1092



Shodair Children's Hospital – Glacier Program



Shodair Children's Hospital
To Help, Heal and Inspire Hope.



GLACIER PROGRAM

The Glacier Program has 24 beds and is for adolescents aged 14-18.

Most patients stay on Glacier for about 2-4 months but the length of time may change depending on many factors. Your child's treatment team will keep you informed about the length of stay and discharge planning.

THERAPEUTIC PROGRAMMING

It is important that the patients at Shodair attend therapeutic programming to promote their growth and healing.

Therapeutic programming groups include Community Meeting, Milieu Meeting, Chemical Dependency groups, Nursing Education, Therapeutic Media Group, School, Group Therapy, Recreation Therapy, Individual Therapy, Family Therapy, and many more.

THE TREATMENT TEAM:

Primary Treatment Team Members:

- Program Director
- Attending Psychiatrist/Nurse Practitioner
- Primary Therapist
- Teacher
- Recreation Therapist
- Licensed Addiction Counselor

Other Team Members Include:

- Nurses
- Mental Health Technicians (MHTs)
- Teacher's Assistant
- Unit Assistant
- Music Therapist
- Activities Assistant

VISITING/PHONE CALLS



There will be scheduled visiting hours and times for phone calls. All visitors and callers must be on the patient's visitor/phone log and have the confidentiality number that is provided on

admission. All visitors must have picture ID. We encourage patients to attend programming. We will not pull them from programming for a phone call but will be happy to take a message and have them call you back.

Visiting Times:

Monday-Friday: 5pm-7pm

Weekends/Holidays : 11am-1pm

5pm-7pm

You are welcome to bring food during visits but all food and drink must be consumed during the visit. No outside food is allowed on the unit.

Preferred Phone Call Times:

7am-8:30am

12pm-1pm

4pm-9pm

SAFETY MEASURES

One of our most important responsibilities at Shodair is the safety of the children we serve. There are several safety measures used to ensure the safety of your child.

Wrist Bands

While at Shodair, your child will be asked to wear a colored wrist band. The color of the band indicates the precaution/safety level. Based on your child's level of safety and treatment plan, the wristband color may change to indicate a different level of safety.



Green band– No precautions

Red band– Suicide precautions

Blue band– Close observations precaution

Yellow band– any other precaution, for example building restriction

Your child's precaution/observation level indicates how closely they need to be monitored, how frequently they need to be assessed for safety and may limit access to some areas of the hospital. The doctor or nurse practitioner and the nursing staff determine the precaution level based on your child's symptoms, the reason they were admitted and their treatment plan.

Observation Checks

Staff will be checking on your child every 15 minutes (or more) for safety. Staff will be looking to make sure they are safe and will document their location. Checks are done 24 hours a day.

Bathroom Lights

Every bathroom has a sensor that turns on every 3 minutes when the bathroom is in use. Staff will be knocking on the door to check that your child is ok each time the light goes on.