Introduction:
Welcome to the Yellowstone Program at Shodair! Yellowstone is a program designed to serve up to 20 children, ages 12-14. Our team is committed to transparent, open communication to promote a culture of safety; please feel free to call and ask questions at any time.

Most patients stay on Yellowstone for two to three months. Treatment for each child is individualized to meet the needs of the individual and family, so length of stay may vary based on your needs.

Shodair serves patients from many cultures. All staff receive special training in cultural diversity. The hospital offers a number of activities based on different cultures and their traditions.

Confidentiality and Patient Rights:
For your safety and that of everyone at Shodair Children’s Hospital, we will protect your confidentiality. Patient information may be released only when an “Authorization of Release of Health Care Information” form has been signed and/or the patient confidentiality number has been provided. A confidentiality agreement is to be signed by all adult visitors to Shodair. You will be given information about patient rights at the time of admission.

It is also important for you to know that we are required by law to report any suspected child abuse and neglect, or child abuse alleged by anyone. If you have questions about patient rights or safety at any time, please let us know right away.

Shodair Children’s Hospital
Toll Free: 1-800-447-6614
2755 Colonial Dr. Helena, MT 59601
P.O. Box 5539 Helena, MT 59604
Admission’s Line: (406) 444-7521
Admission’s Fax: (406) 444-1039

About Shodair:
Shodair Children’s Hospital has been caring for Montana families for over 120 years. We started as a home for orphaned and abandoned children in 1896. It is now a hospital that provides psychiatric care for children and genetic services for people of all ages.

Shodair provides psychiatric treatment for children and teens (ages 3-17) dealing with mental illness and other conditions that impact their health and well-being. Shodair is the only place in the state offering both acute and residential treatment in one location. This gives patients and their families the treatment options they need in one place, close to home. Are services have also recently expanded to include two group homes, two day treatment classrooms and outpatient clinic services.

Serving Montanans of all ages, Shodair’s medical genetics program is known across the country. Shodair is the only provider in the state to offer both clinical and lab services in one location. People living in rural areas can also make an appointment at one of 80 genetic outreach clinics held at locations around the state or get genetic services through the telemedicine network.

Shodair Children’s Hospital is also proud to be Montana’s only Children’s Miracle Network Hospital. For more information, visit our website at www.shodair.org.
Thank You

Thank you for the opportunity to serve you and your family. Our staff is committed to providing the highest quality of care for each patient. If you have a concern, complaint, or grievance, we want to know.

To make a complaint or grievance known, you may contact any physician, therapist, or unit manager. You may also register your complain with our administrator. Your concern will be investigated and you will receive a written response within 30 days.

You may also contact the following agencies with your concerns:

- Disability Rights Montana  (800) 245-4743  pg (406) 449-2344
- Montana Mental Disabilities Board of Visitors  (406) 444-3955
- Board of Visitors  (800) 332-2272
- The Joint Commission  (800) 994-6610

Confidentiality Number: _____________________________

Initial Meeting with your Therapist:

Date:________________________Time:__________________

Contact Information:

YELLOWSTONE UNIT:  (406) 444-7550  Fax: (406) 444-1038

PSYCHIATRIST:
- Dr. Lisa Ponfick  (406) 444-7577

PROGRAM DIRECTOR
- Kristie Noonan  (406) 444-1102

THERAPISTS:
- Scott Trzinski  (406) 444-1014
- Kristin Fearon  (406) 444-1053
- Heather Irby  (406) 444-1108

TEACHERS:
- Robbie Radakovich  (406) 444-7598
- Mandy Countryman  (406) 444-7571

CERTIFIED THERAPEUTIC RECREATION SPECIALIST
- Nicole Mihalik  (406) 444-1141

UNIT ASSISTANT
- Tylynn England  (406) 444-7550

CLINICAL INTAKE SPECIALIST
- Faye Eidt  (406) 444-7567

PATIENT CARE COORDINATOR
- Jacob Souza  (406) 444-1132
Treatment Team Roles and Responsibilities:

Your child will be assigned a treatment team made up of the following people:

**Primary treatment team members:**
- Attending Child & Adolescent Psychiatrist or Nurse Practitioner (Licensed Practitioner)
- Primary Therapist
- Program Director (Registered Nurse)
- Teacher

**Other treatment team members:**
- Registered Nurse (RN)
- Mental Health Technician (MHT)
- Unit Assistant
- Recreation Therapist
- Teacher’s Assistant
- Activities Assistant
- Clinical Intake Specialist
- Patient Care Coordinator

**Possible consultants:**
- Psychologist
- Speech/Language Pathologist
- Registered Dietician
- Licensed Addiction Counselor
- Music Therapist
- Spiritual Counselor

**Licensed Practitioner:** Shodair’s team of Licensed Practitioners are trained with a focus on psychiatric care. The Child and Adolescent Psychiatrist or Psychiatric and Mental Health Nurse Practitioner leads the team and is responsible for final decisions about your child’s treatment. Licensed Practitioners meet with patients individually and consult regularly with other treatment team members.

Explanation of Charges:

**Hospital Inpatient Services:**
Shodair provides intensive treatment for patients admitted to the Acute Inpatient unit, otherwise known as Grasslands Unit. Shodair charges $1,612 per day to cover room and board, evaluation and therapy, nursing and other staff services and education and recreational services. In addition, charges are incurred for lab tests and medications as well as for the psychiatrist’s time spent with the patient. When including all services provided to the patient, the average daily charge is approximately $1,800. Although the length of the patient’s stay may vary considerably, the average length of stay is around 7 days.

**Residential Treatment Services:**
Shodair provides less intensive but more prolonged services in its three residential programs. Shodair charges $496 per day to cover room and board, various therapies, nursing and other staff services as well as educational services. In addition charges are incurred for lab tests, medications and professional services. When including all services provided to the patients, the average daily charge is approximately $630. The average length of stay can vary but usually falls within a range of 2-4 months.

**Please Note:**
- Our clinical intake staff is available to work with you in determining your insurance coverage for these services. Please call (406) 444-7521.
- We also have staff available to answer any financial assistance questions you may have and help set up a reasonable payment plan, if applicable. Please call (406) 444-7592.
Lodging and Transportation:

To ensure that housing is not a barrier for families, Shodair has partnered with nearby hotels to provide discounted rates to our families. We can also provide details on the Medicaid Transportation Services Program that reimburses for lodging, meals, and mileage. Ask your child’s therapist for more information.

Criteria for Lodging financial assistance:

- Low-income is defined as meeting Medicaid eligible income levels
- Reservations must be made by Shodair’s treatment team only
- Must be pre-approved 24 hours before arrival
- Family/Guardian must travel more than 150 miles one-way
- Visit due to patient discharge requires a therapeutic appointment
- Shodair will cover room and tax only for a maximum of 3 consecutive nights
- Discounted rates available at the following hotels: Super 8, Howard Johnson, Baymont Inn, Fairfield, and Shilo Inn

Transportation:

1. Uber
2. Lyft
3. In-State Bus Greyhound Stations (the bus runs through Helena):
   - Butte (406) 723-3287
   - Bozeman (406) 587-3110
4. Helena Area Transportation Services (HATS): (406) 447-1580
5. Capital Taxi Service: (406) 449-5525

Primary Therapist: Master’s level clinical (MSW, MS or LCSW, LCPC) who conducts weekly family and individual sessions. The therapist helps patients and families cope with psychiatric illness and its impact on their lives. The primary therapist also makes sure that the best discharge planning and aftercare arrangements are made for each patient. Also leads group therapy sessions twice weekly.

Program Director: Supervises the treatment team in all aspects of patient care. The Program Director also makes sure that the unit environment is safe and therapeutic.

Teacher: Promotes educational improvement and assessments within the classroom setting. Serves as a liaison between the treatment team and the child’s school.

RN: Organizes and carries out a program of patient care; dispenses medication, provides ongoing assessments of your child’s wellbeing and leads educational support groups. Supervises all aspects of day to day patient care.

MHT: MHTs provide emotional and behavioral support to your child throughout the day. They also assist with activities of daily living and facilitate unit activities.

Unit Assistant: Organizes day to day operations on the unit. Creates programming. Arranges patient appointments and organizes medical records.

Certified Therapeutic Recreation Therapist: Helps children improve their lives through structured group activities. These activities help children develop social skills, explore leisure interests, and improve their level of participation. Patients may also identify barriers to involvement and explore meaningful ways to make the best of their leisure time.
Treatment Team Roles and Responsibilities:
(cont.)

**Teacher’s Assistant:** Assists teacher in classroom activities.

**Activities Assistant:** Provides structured recreational activities under the direction and supervision of a Rec. Therapist.

**Clinical Intake Specialist:** Works with patient, family, and insurance carrier to provide the best service allowed under policy coverage. A clinical intake specialist also coordinates admissions and referrals.

**Patient Care Coordinator:**

**Programming on Yellowstone:**

We have many different types of programming geared to meet the needs of all adolescents we serve. The expectation is that all patients attend programming. The foundation for our treatment approach is rooted in the Sanctuary Model.

**Sanctuary at Shodair:**
Sanctuary is an organizational wide model that focuses on the way that we interact with each other which directly impacting the quality of care that we give our patients. Sanctuary is a driving force behind the therapeutic work completed at Shodair. Sanctuary addresses the ways in which trauma, adversity and chronic stress impact individuals & whole organizations. The two basic assumptions about human beings that are the foundation of the Sanctuary Model are:

- A recognition that adversity is an inherent part of human experience, and that these experiences shape the way that people behave.
- A recognition of the inherent resilience in people and the belief that they can heal.

With these beliefs, we can have a greater impact on our patients and create a healing, nurturing environment. This applies to both our staff and patients. The tools utilized in the Sanctuary Model reinforce the structure of trauma informed care that we practice at Shodair.
Mail:
Your child may get and send mail while at Shodair (patient postage is provided). You may send mail to the following address:

Your Child’s Name
Yellowstone Unit
Shodair Children’s Hospital
P.O. Box. 5539
Helena, MT 59604

Visiting Protocol for Residential:
• Park in the front parking lot and enter through the entrance on the west side of the breezeway.
• All visitors must be in the patient’s Phone/Visitor Log and have patient’s confidentiality number. Visitors must have a form of picture ID.
• All visitors are asked to leave personal belongings in their vehicle (including cell phones for confidentiality reasons). If unable to leave belongings in a vehicle, visitors will be asked to lock them in a locker provided by the hospital. Visitors should bring car keys and their phone ID with them.
• No more than 5 visitors are allowed at one time. Any visitor under the age of 18 must be accompanied by an adult at all times. Visitors will receive a badge with much be visibly worn.
• If you are bringing meals to share with children please refrain from bringing caffeinated beverages, and anything in a glass or metal container. Patients are unable to bring food or drinks back to their units.
• Please do not bring peanut butter into the building due to airborne allergies within the hospital.

Visiting Hours are listed below. If you need to visit outside of a time listed below, please contact your child’s therapist so we can help facilitate a visit:

Monday through Friday
4:00pm—6:00 pm
Saturday, Sunday and Holidays
12:00pm—6:00 pm

School at Shodair:
The Yellowstone classrooms are a fully accredited school. Patients will be evaluated to learn more about their educational needs. Your child will be given educational material that meets his/her needs and allows him/her to continue to learn at his/her rate. Credits earned here are transferable to their primary school. Our teachers will also hold meetings to update and review important educational plans for your child, such as the Individual Education Plan (IEP) and the child study team.

Residential Therapeutic Groups:
Yellowstone Programming is made up of several dynamic groups designed to teach children about emotional intelligence, healthy relationships, nonviolence, social responsibility, communication and personal growth. These groups include:

Circle Ups and Community Meetings
• Community Meetings are held each morning. Community Meetings focus on helping adolescents name their feelings, create goals for the day and identify one trusted adult they can go to for help that day. Circle Ups are held throughout the day as needed to check in as a group or plan for the day.

Milieu Meetings
• Milieu Meetings are one way that we grow a sense of Community within the Yellowstone Program. Staff and patients come together to discuss announcements, problem solve and talk about concerns and ways to improve the unit. The agenda includes introductions, good-byes, safety concerns, peer issues, accountability, and appreciations.

Group Therapy
• Focuses on building skills in crisis intervention, distress tolerance, emotion regulation, self-awareness, and interpersonal relationships.
• Patients are able to learn about and practice these skills both in and out of the group setting with the support of staff.
Programming on Yellowstone: (cont.)

Recreation Therapy
- Patients are given the opportunity to learn new games where social skills, team work, and physical fitness come together in a fun and safe environment.

Active Groups
- Patients participate in an exercise activities daily. These activities can include visits to the fitness room, gym time, outside time, yoga or other creative movement activities.

Unit Based Activities
- Topics include building healthy relationship, emotional and physical wellness, social skills, building healthy values, healthy decision making and identifying coping skills.
- Activities may include team building activities, therapeutic media groups, arts and crafts, sensory groups, community building activities and mindfulness activities.

Guardian Participation:
Your participation is important! We believe the best way to provide care to your child is to work with guardians and families. You will be asked to commit to the following:
- Physically visit in the hospital every 14 days.
- Call your child at least five days per week
- Take your child on a pass once per month, pending special precautions or special procedures 24 hours prior (can cancel per safety at our discretion)
- Physically attend family therapy once per month (can be combined with a physical visit!)
- Attend treatment team meetings once per month
- Attend admission and discharge meetings

If you have any questions, please contact the unit. The contact information for each unit is located on page 2 of this handbook.

Shodair Commitments:
At Shodair Children’s Hospital, we commit to seven Sanctuary Commitments to promote an environment that fosters healing and wellbeing. The commitments we follow are:

- **Nonviolence**— promoting physical, emotional, social and moral safety.
- **Emotional Intelligence**— managing your own feelings to stay safe. Understanding how your actions may affect other’s feelings.
- **Open Communication**— overcoming barriers to healthy communication. Learning conflict management and how to openly express feelings.
- **Social Learning**— respecting and sharing ideas in the community.
- **Social Responsibility**— contributing to the community and maintain accountability.
- **Democracy**— allowing others to help make decisions.
- **Growth and Change**— adapting to new things and being hopeful for the future.
Community Meeting:

The Shodair Community completes multiple community meetings each day to understand how to serve one another with emotional intelligence. There are three questions asked in each community meeting— you will be asked to participate in community meetings with your child!

- **How are you feeling?**
- **What is your goal?**
- **Who can you go to for support today?**

Community meetings serve many purposes.

The first question “how are you feeling?” helps everyone to identify how the group is doing. It gives others a chance to identify those that might be struggling or experiencing success that day. If the whole group is experiencing difficult feelings, it might direct the focus of treatment for that day.

Identifying a goal gives people something to strive for and work towards during the day/meeting. Setting goals helps people to be future focused.

Asking “who can you go to for support?” helps each individual identify a trusted adult that they can turn to when they need support.

Visiting Hours:

Monday– Friday 4:00pm– 6:00 pm
Saturday, Sunday, Holidays: 12:00pm—6:00 pm

We ask that all visits are limited to two hours so that all families at Shodair have an opportunity to use the visiting spaces. If you would like to spend more time with your child, please discuss passes with your child’s therapist.

All visitors must be listed on the child’s phone log and must present a photo ID prior to each visit. You will be asked to lock up your belongings prior to each visit (including cell phones). All visits are limited to 5 guests unless otherwise prearranged.

Phone Calls:

We encourage daily phone contact with your child. We encourage all patients to attend therapeutic programming to promote their growth and healing. For this reason we ask that phone calls be limited to the hours listed below.

The best times to call your child are:

- 6:45am-8am
- 4pm-8:30pm

Patients can also receive phone calls around meal times.

The only people who can call and speak to your child are those who are on the Phone/Visitor Log and have the confidentiality number. The parent/guardian with the therapist decides who is on the phone/visitor log. Callers must be on the Phone/Visitor Log and must give their name and confidentiality number or they will not be given any information. Only the parents and guardians, along with their child’s therapist, can change the Phone/Visitor Log. Please talk to your child’s therapist if you want to restrict any phone privileges.
Personal Belongings:

All basic hygiene supplies are provided. You may bring personal hygiene supplies if you wish, but they must be alcohol-free. Bedding supplies are also provided, but your child may also bring a pillow and favorite blanket.

All items are checked for safety. Potentially unsafe items (strings longer than six inches, sharp objects, etc.) are removed with your consent and items are labeled with your child’s initials. All items are entered onto a “Belongings Sheet” with a description of each item. We ask that no items of monetary or sentimental value are brought to Shodair due to risk of things being lost or broken.

Due to limited space on the unit, we must limit how many items each patient has on the unit. Please see the following guide:

<table>
<thead>
<tr>
<th>Items Allowed:</th>
<th>Items Not Allowed:</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 tops (including tank tops, t-shirts, sweatshirts, and sweaters)</td>
<td>Clothing items with strings over 6 inches</td>
</tr>
<tr>
<td>7 bottoms (including pajamas)</td>
<td>Glass, metal, sharp objects, weapons</td>
</tr>
<tr>
<td>7 undergarments (underwear, bras)</td>
<td>Razors</td>
</tr>
<tr>
<td>3 personal items (ie. Legos, stuffed animal, book)</td>
<td>Personal Electronics</td>
</tr>
<tr>
<td>2 shoes (gym shoes and slippers * for the unit. *Slippers may not have strings.)</td>
<td>Aerosol Cans</td>
</tr>
<tr>
<td>Makeup items *Residential only (no glass or sharpeners, 5 makeup and 3 brushes)</td>
<td>Chewing Gum</td>
</tr>
<tr>
<td>Family pictures (no frame or glass)</td>
<td>Valuable Objects</td>
</tr>
<tr>
<td>Personal Hygiene Products (Products may not list alcohol in the first three ingredients)</td>
<td>Bras with underwire</td>
</tr>
</tbody>
</table>

Any extra items your child brings will be stored off the unit.

We assist patients with completing laundry several times a week so that they always have clean items.

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Yellowstone Program - Weekend Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Saturday</th>
<th>Sunday</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>0730-0730</td>
<td>Get Moving (Gym)</td>
<td>Get Moving (Gym)</td>
<td>0700-0730</td>
</tr>
<tr>
<td>0730-0800</td>
<td>Get Ready - Meet Rec</td>
<td>Get Ready - Meet Rec</td>
<td>0720-0800</td>
</tr>
<tr>
<td>0800-0830</td>
<td>Breakfast</td>
<td>Hygiene</td>
<td>0800-0830</td>
</tr>
<tr>
<td>0830-0800</td>
<td>Breakfast</td>
<td>Hygiene</td>
<td>0830-0800</td>
</tr>
<tr>
<td>0900-0915</td>
<td>Community Meeting</td>
<td></td>
<td>0900-0915</td>
</tr>
<tr>
<td>0915-1000</td>
<td>Synergy</td>
<td>Deep Clean</td>
<td>0915-1000</td>
</tr>
<tr>
<td>1000-1045</td>
<td>Therapeutic Rec (CTRS with MHT)</td>
<td></td>
<td>1000-1045</td>
</tr>
<tr>
<td>1045-1100</td>
<td>Snack</td>
<td></td>
<td>1045-1100</td>
</tr>
<tr>
<td>1100-1230</td>
<td>Outside-Free Time</td>
<td>Fitness Room</td>
<td>1100-1230</td>
</tr>
<tr>
<td>1200-1230</td>
<td>Lunch</td>
<td>Quiet Time</td>
<td>1200-1230</td>
</tr>
<tr>
<td>1230-1300</td>
<td>Quiet Time</td>
<td>Lunch</td>
<td>1230-1300</td>
</tr>
<tr>
<td>1300-1315</td>
<td>Circle Up</td>
<td></td>
<td>1300-1315</td>
</tr>
<tr>
<td>1335-1500</td>
<td>Therapeutic Media</td>
<td>Therapeutic Media</td>
<td>1335-1500</td>
</tr>
<tr>
<td>1500-1515</td>
<td>Circle Up</td>
<td></td>
<td>1500-1515</td>
</tr>
<tr>
<td>1515-1610</td>
<td>Therapeutic Rec (CTRS and AA)</td>
<td>Cooking Group</td>
<td>1515-1610</td>
</tr>
<tr>
<td>1600-1630</td>
<td>Therapeutic Rec (CTRS and AA)</td>
<td>Therapeutic Rec (CTRS and AA)</td>
<td>1600-1630</td>
</tr>
<tr>
<td>1630-1700</td>
<td>Activities (AA)</td>
<td></td>
<td>1630-1700</td>
</tr>
<tr>
<td>1700-1730</td>
<td>Dinner</td>
<td>Quiet Time</td>
<td>1700-1730</td>
</tr>
<tr>
<td>1730-1800</td>
<td>Quiet Time</td>
<td>Dinner</td>
<td>1730-1800</td>
</tr>
<tr>
<td>1800-1830</td>
<td>Activities</td>
<td></td>
<td>1800-1830</td>
</tr>
<tr>
<td>1830-1900</td>
<td>Cooking Group</td>
<td>Therapeutic Rec (CTRS and AA)</td>
<td>1830-1900</td>
</tr>
<tr>
<td>1900-1915</td>
<td>Therapeutic Rec (CTRS and AA)</td>
<td>Sensory Creation</td>
<td>1900-1915</td>
</tr>
<tr>
<td>1915-1930</td>
<td>Medicine and Snack</td>
<td></td>
<td>1915-1930</td>
</tr>
<tr>
<td>1930-2000</td>
<td>Community Meeting and Bedtime Needs</td>
<td></td>
<td>1930-2000</td>
</tr>
<tr>
<td>2000-2045</td>
<td>Journal/Read (MFR) or Movie Room</td>
<td></td>
<td>2000-2045</td>
</tr>
<tr>
<td>2045-2115</td>
<td>Hygiene &amp; Bedtime Needs</td>
<td></td>
<td>2045-2115</td>
</tr>
<tr>
<td>2115</td>
<td>Goodnight</td>
<td></td>
<td>2115</td>
</tr>
</tbody>
</table>
What to Expect on the Unit:

The Yellowstone unit has 10 patient bedrooms. Each room has 2 beds, 2 sets of cubbies, a sink and mirror and access to a bathroom. In addition to the bedrooms on the unit we also have:
- Milieu (or Shared Living Space)
- Nurses Station
- Medication Room and Procedure Room
- Comfort/Sensory Room
- Multipurpose Room
- Quiet Room

In addition to these spaces that are located on the unit, we also use spaces off the unit:
- Classrooms
- Recreation Rooms
- Gym
- Courtyard/Playground
- Pool
- Fitness Room

What Happens if My Child Gets Hurt or Sick?

Every direct care staff at Shodair Children’s Hospital is certified in CPR and First Aid. There are registered nurses working 24 hours a day, available to assess and give treatment as needed for your child. There is also a nurse administrator and Licensed Practitioner on call every day around the clock.

When needed, Shodair works with local health care providers, like pediatricians or dentists, to give specialized care to your child.

Therapeutic Passes and Home Visits:

During your child’s stay on Yellowstone, he/she may be able to visit outside of the hospital. Passes are visits off hospital property that last several hours. Therapeutic Home Visits (THVs) can last overnight or several days. Eligibility for Passes or THVs depends on your child’s treatment, safety level and insurance coverage. Each insurance company has different criteria for children to leave the hospital and each approve different lengths of time that a child can be away from the hospital.
Patient Safety:

One of our most important responsibilities at Shodair Children’s Hospital is the safety of your child. All children are checked on by a member of our nursing staff at least every 15 minutes (more often if needed), 24 hours a day.

Our staff has many other ways that we keep your child safe. For example, all direct care staff are trained in verbal de-escalation techniques and ways to help calm children. Our direct care staff are also trained in safe ways to restrain violent or aggressive patients.

Our hospital also has many safety features that are part of the building. They include:
- Safety glass in all windows in patients rooms.
- Specially designed bathroom and shower fixtures.
- Night lights in all bedrooms.
- Cameras in all patient care areas, except bathrooms.
- Comfort/Sensory Rooms that are designed to provide a relaxing, private space to calm.
- Specially designed “quiet rooms” to help children who get violent to calm safely in a private and secure area. These rooms are directly monitored by staff.
- All exit doors are locked and require staff to open them.
- All interior doors in the patient care areas are locked and require a staff member to open either with a key/badge.

Safety Precautions:

Our nursing staff assesses each patient daily for safety. If it is determined that a patient is a potential safety risk to harm themself or others they may be put on a safety precaution. Our most commonly used safety precautions include Suicide Precautions (risk to self) and Non-Violence Precautions (risk to others). If your child is placed on a safety precaution, it may affect their ability to participate in certain activities (for example swimming or going on passes/THVs). You will be notified each time your child is placed on a precaution or taken off of a precaution.

Medications:

Upon admission, a medication consent form is signed by the patient/legal guardian. Any new medication(s) must be approved by the parent/legal guardian. Education on medication is provided to family and each child by the unit nurse and upon request at any time. Please let us know if you have any concerns about your child’s medications.

Outings:

From time to time, we take our residential unit patients on outings. Examples are movies, hikes, parks, or museums. Before taking a patient on an outing, the patient is evaluated by a registered nurse, and must be safe to leave the building. If the patient is on a special precaution, due to safety concerns or unsafe behaviors directed towards themself or others, the patient may not be able to go on the outing. Safety is our priority.

Community Consults:

Your child may leave the facility to go to an outside appointment ordered by his/her Licensed Practitioner. Appointments that are ordered may be one with the dentist, pediatrician, or optometrist. If you are able to transport your child to these appointments, we can arrange for a pass at that time. If not, a support staff member always goes with your child to these appointments.