



### What is CSCT?

Comprehensive School and Community Treatment (CSCT) is a mental health service provided in a school setting. Therapy can be provided in the classroom, in an office, in the community, or in the child's home. Therapy is billed to the student's insurance.

CSCT staff work with the school team to increase your child's success in the classroom. Individual and group therapy is provided during the school day. The therapist will work with you to schedule time for family therapy.

### CSCT Includes:

- Individual, group and family therapy .
- Home-based therapy and support, as needed.
- Individualized treatment planning.
- Emotional and behavioral support.
- Assessment and referral.
- Crisis intervention and support.

### Who Works in CSCT



A Therapist and Behavior Intervention Specialist provide services during the school day, as well as in the child's home if needed.

*To heal, help and inspire hope*





### What does the CSCT team need from parents?

**Involvement and Participation!**  
Your involvement is essential for your child's treatment and success in the program. We believe in a teamwork approach – between parents, teachers, CSCT staff, and outpatient/community providers. A parent's input is valuable and necessary during treatment.

### What is the goal of CSCT?

- Increasing participation success at school and in the community.
- Reducing emotional and behavioral outbursts.
- Keeping kids and families together.
- Increasing attachment between children and caregivers.
- Early intervention and support to children and families in crisis so that families can stabilize and be successful.

### Who will CSCT Serve?



CSCT will serve Helena School District and Head Start preschool students at Ray Bjork Learning Center during their regular school day. Summer programming is included in the service.

### What is the cost?

Medicaid (Healthy Montana Kids+) covers the cost of CSCT. Other insurance companies may pay for CSCT. The CSCT program offers a sliding fee scale to guardians who do not have Medicaid or have private insurance benefits and cannot pay out of pocket.

### How does my child get CSCT?

The school team makes referrals to CSCT through a team decision-making process. If you feel like your child may need extra support at home and school, please talk with your child's teacher or school administrator.



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