

Info to Know



May 2020



Soccer Classic Cancelled

Like most of you, Shodair Children's Hospital has kept a very close eye on the evolving developments of COVID-19. All of us are operating under uncertain conditions and it's hard to predict how things will turn around in the next few months. Because of that, the Shodair Soccer Classic Planning Committee made the difficult – but responsible – decision to cancel this year's Soccer Classic in light of the COVID-19

This was not an easy decision for the hospital to make and we know many players and supporters will be sad to hear this news. However, it is more important to us to be proactive and lean on the side of caution rather than risking the safety and well-being of the players, their families, spectators, and our volunteers.

We will miss working with our volunteers who help put on this Classic every year, and we will also miss working with our many sponsors who make this event possible. Thanks to all the players, volunteers and businesses that support this favorite summertime event!

Hope to see you all next year!

The Huddle

with CEO Craig Aasved

Shodair's response to pandemic was swift and selfless

What a roller coaster of events the past six weeks have been. While it has been challenging; yet the Shodair family is firing on all cylinders. We formed an COVID 19 Incident Command Team on March 13, 2020 and continue to have regular meetings where decisions are discussed and finalized. It's a strong group of professionals who stack hands in the name of caring for Montana families. Additionally, it's a team of dedicated Shodair staff that have impressed and inspired me. I thank them for their commitment.

I also want to lift up those employees who, for a variety of reasons, have stayed home. This has also been a struggle for many, but their commitment to do what's best for us all does not go unnoticed.

Early on, Shodair's all salaried employees agreed to take a temporary pay cut so that no layoffs took place, and to ensure the front line staff remained completely enacted.

The future continues to be uncertain, and Shodair continues to make adjustments to ensure our ability to provide mental health and genetic services are never hindered. We aren't completely out of the woods yet, and our commitment is to stay the course knowing that at any time we may need to engage plan B. It's unsettling to proceed with such uncertainty, but what I am certain of is that the Shodair family will overcome. Thanks to Montana for your continued support, prayers, and messages of love. It's because of everyone that we are able to meet our mission, "to heal, help, and inspire hope."



Showing love, socially distant

A small group arrived on Tuesday at Shodair to show some socially-distant love. The family knew Shodair was not allowing visitors so they came with homemade signs.



May is National Mental Health

Mental Health Month raises awareness of trauma and the impact it can have on the physical, emotional, and mental well-being of children, families, and communities. Mental Health Month was established in 1949 to increase awareness of the importance of mental health and wellness in Americans' lives, and to celebrate recovery from mental illness. Mental health is essential for a person's overall health. Prevention works, treatment is effective, and people can recover from mental disorders and live full and productive lives.

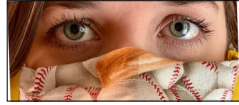
Names those Eyes

How well do you know your co-workers? Test your knowledge and identify the eyes in the pictures below.

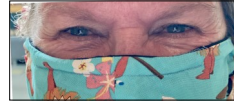
To check your accuracy, answers can be found on the bottom of page 4.



1.



2.



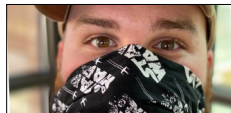
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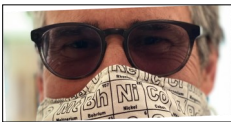
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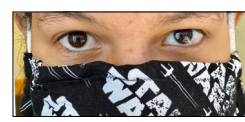
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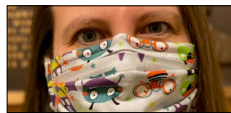
10.



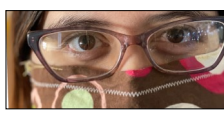
11.



12.



13.



14.

New Employee Assistance Program available

Shodair's new Employee Assistance Program (EAP) is provided by Magellan Healthcare. This convenient, confidential and **free** program offers services to help you and your household members resolve daily challenges and manage more complex issues. The following services are available:

- Counseling – Get help with stress, anxiety, grief, relationship concerns and more.
- Coaching – Achieve your goals using coaches to help you stay on track.
- Online programs – Use self-guided, interactive apps for depression, chronic pain and more.
- Work-Life web services – Find resources for child care, elder care, discounts and more.
- Member website – Get more information on all the services available.
- Use the Provider Search to find care in your area
- See the latest news on trending topics like building resiliency or managing finances
- Browse the Learning Center to find articles, webinar recordings, videos and self-assessments on a wide range of topics including anxiety, child care, depression, elder care, parenting, relationships, stress management, substance misuse, work-life balance and so much more.

Key features

- You do not need to enroll. The EAP is available to you and your household members at no cost.
- Services are completely confidential and provided by a third party.
- You can call anytime 24/7/365, and the EAP will help get you on the right path to meet your needs.

For more information, call at **1.800.327.1393** and get connected with the right resource or professional, pick up a brochure in HR or at the front desk; log onto Shodair's intranet; or visit **MagellanAscend.com**

Happy Mother's Day!

mothers

BELIEVE IN US MORE THAN WE BELIEVE IN OURSELVES
DO MORE FOR US THAN THEY DO FOR THEMSELVES
WORRY ABOUT US MORE THAN WE REALIZE
PRAY FOR US MORE THAN WE'LL EVER KNOW
VALUE US MORE THAN ANYTHING ELSE IN THE WORLD
GIVE US MORE THAN THEY CAN AFFORD
LOVE US MORE THAN ANYONE ELSE CAN
MATTER MORE THAN WORDS CAN EXPRESS



Psychiatry & Genetics

Update for March

Average length of stay per inpatient unit:

Acute Adolescents: 12 days (budgeted 8.5)

Acute Childrens: 16 days (budgeted 10)

Residential Middle School Age: 52 days

Residential Teenage: 46 days

**Percentage of
Medicaid Patients
served: 75%**

**Acute
Admissions:
65**

Patient Satisfaction (Inpatient Acute Adolescents - Grasslands):

Percentage of patients who reported that they were satisfied with their treatment:
74%

Percentage of patients who reported feeling hopeful about the future:

Admission 68% Discharge : 76% Increase in Optimism about the Future: 9%

Average Difference in Symptoms Reported Admission and Discharge:

Adolescents—Grasslands: -31%
(meaning there is a 31% reduction in
symptoms from admission to
discharge)

Childrens—High Desert: -12%
(meaning there is a 12% reduction in
symptoms from admission to
discharge)

Clinical Genetics March

**Total patients seen for genetics
consultation: 64**

- In-Person: 24
- Neuropsych: 2 / Metabolic: 18
- Telemedicine: 18
- Cleft Palate: 11
- Cancer: 4

Genetics Laboratory: Total 120

- Molecular Tests: 94
- Cytogenetics Tests: 26

Foundation



Bella is featured on Lucky Charms Box

If you find yourself in the cereal aisle of Costco this spring, you may see a familiar face on the Lucky Charms cereal box. National Children's Miracle Network Champion, Bella Nyman, will be featured on the Lucky Charms boxes across America as part of Costco's 2020 Children's Miracle Network fundraising campaign. We are so excited for Bella knowing that her story will continue to inspire even more people through this new platform. The Shodair community is proud of you, Bella!

Costco's Miracle Balloon Campaign this month has been postponed. We will let you know when the fundraising event has been rescheduled. Thanks to Costco associates and members for their continued support of Children's Miracle Network and Shodair!



Shodair employees are engaged, informed, and vote

This year Montana will have an all-mail-in primary election. Ballots will be mailed out May 8, 2020 and must be returned by June 2, 2020. Virtually every statewide race is contested in the primary.

Shodair has hosted a number of candidate forums this year with great participation from staff, neighbors, and guests.

Every candidate has shared with us how impressive the staff engagement is. We can all be proud of this, because as we all know, every vote counts!

Nuts and Bolts about the upcoming election:

Use this web site to check your registration and address. You can register to vote as late as May 26 here: <https://app.mt.gov/voterinfo/>

When you get your ballot, return it promptly. There is no postage requirement for ballots this year, so it can be mailed from your home postage free. You can bring it to Shodair and we'll ensure it makes it to its proper destination.

When you vote, pick up a 'My vote counts' sticker from the screener at the main entrance and wear it to show you participated in this important process.

Thank you for voting!



Videos of Craig, Dr. Z, and Bella to be used for Walmart campaign.

Shodair Children's Hospital has been selected to be one of the hospitals highlighted in Walmart's 24 hour Facebook Launch party.

Shodair was asked in these videos to discuss the issues that surround mental health and how Shodair is helping Montana kids who struggle with mental health. We're looking forward to highlighting Shodair's services with Walmart's audience.

Engage with Shodair on these social media platforms:

