# COMMUNITY MEETING

### **Community Meeting:** A cultural check in tool used at the beginning of meetings.



# **HOW ARE YOU FEELING?**

- Checks the temperature of the room.
- Brings people into awareness of their feelings.
- Allows us to feel acknowledged and heard.

# WHAT IS YOUR GOAL?

- Focuses on the future.
- Allows the community to understand what is important to you.

# WHO CAN YOU ASK FOR SUPPORT?

- Allows us to be vulnerable in a nonviolent culture.
- Eliminates isolation and promotes trust.
- Builds a sense of social responsibility.



To heal, help and inspire hope

### 7 COMMITMENTS Shodair Values

The 7 commitments guide the way we treat one another and the ways we make organizational decisions.

#### NONVIOLENCE

Being safe physically, emotionally, morally and socially regardless of gender, race, religion, sexual orientation, countries of origin, abilities, or income levels.

#### **GROWTH & CHANGE**

Creating hope for ourselves, our patients, families, organization and Montana.

#### **OPEN COMMUNICATION**

Saying what we mean and not being mean when we say it.

#### **EMOTIONAL INTELLIGENCE**

Managing our feelings so we do not hurt ourselves or others.

### DEMOCRACY

Shared governance; ideas are shared but not everyone gets a vote.

### **SOCIAL RESPONSIBILITY**

Together we accomplish more, everyone is accountable and makes a contribution.

#### **SOCIAL LEARNING**

Respecting and sharing the ideas of our teams.



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