



Monday, August 17, 2020

Breakfast **Donut, Scambled Eggs, Fruit | Cal 420** **\$4.00**

Market **Sloppy Joes | Cal 640** **\$5.95**

Vegetable **Steak Fries | Cal 130**

Side **Fruit | Cal 70**

Flavor & Fire **BLT w/Avocado | 495** **\$6.50**

Soup **Carrot & Coconut | Cal 210** **\$2.30**



Tuesday, August 18, 2020

Breakfast Sausage & Scrambled Eggs, Hashbrowns, Fruit | Cal 480 **\$4.00**

Market Grilled Ham & Cheese Sandwich | Cal 680 **\$5.95**

Vegetable Tomato Soup | Cal 260

Side Fruit | Cal 50

Flavor & Fire Roast Beef Club on Croissant | Cal 640 **\$6.50**

Soup Creamy Tomato | Cal 260 **\$2.30**



Wednesday, August 19, 2020

Breakfast Three Meat Strata, Hashbrowns, Fruit | Cal 480 **\$4.00**

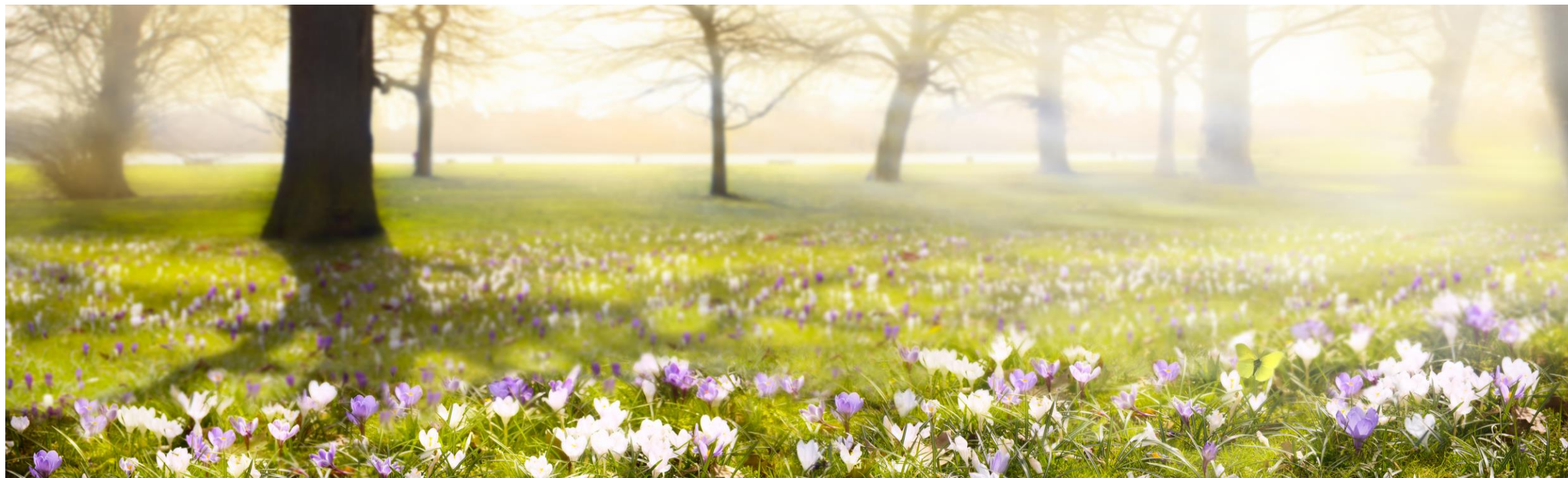
Market Greek Chicken Salad | Cal 320 **\$5.95**

Vegetable Pita Bread | Cal 165

Side Fruit | Cal 50

Flavor & Fire Flatbread W/Spinach, Feta & Onion | Cal 230 **\$6.50**

Soup Chicken Enchilada Cal 280 **\$2.30**



Thursday, August 20, 2020

Breakfast Savory Scone, with Yogurt, Fruit | Cal 550 **\$4.00**

Market BBQ Cheese Burgers | Cal 540 **\$5.95**

Vegetable Sweet Potato Wedge | Cal 160

Side Fruit | Cal 50

Flavor & Fire Shredded Pork Sandwich w/Cherry BBQ Sauce | Cal 430 **\$6.50**

Soup French Onion | Cal 150 **\$2.30**



Friday, August 21, 2020

Breakfast Bagel Sandwich w/ Sausage Fruit I Cal 420 \$4.00

Market Pork Carnitas Burritos I 860 \$5.95

Vegetable Southwest Beans I Cal 140

Side Fruit I Cal 50

Flavor & Fire Greek Gyros I Cal 390 \$6.50

Soup Wonton Soup I Cal 380 \$2.30