



Monday, September 28, 2020

Breakfast Blueberry Breakfast Cake, Yogurt, Fruit | Cal 310 **\$4.00**

Market Southwest Chicken Salad | Cal 380 **\$5.95**

Sisw Tortilla Chips

Side Fruit

Flavor & Fire Meatball Sandwich | Cal 520 **\$6.50**

Soup Carrot Ginger Soup | Cal 240 **\$2.30**



Tuesday, September 29, 2020

Breakfast Scrambled Eggs, Bacon, English Muffin, Fruit | Cal 340 \$4.00

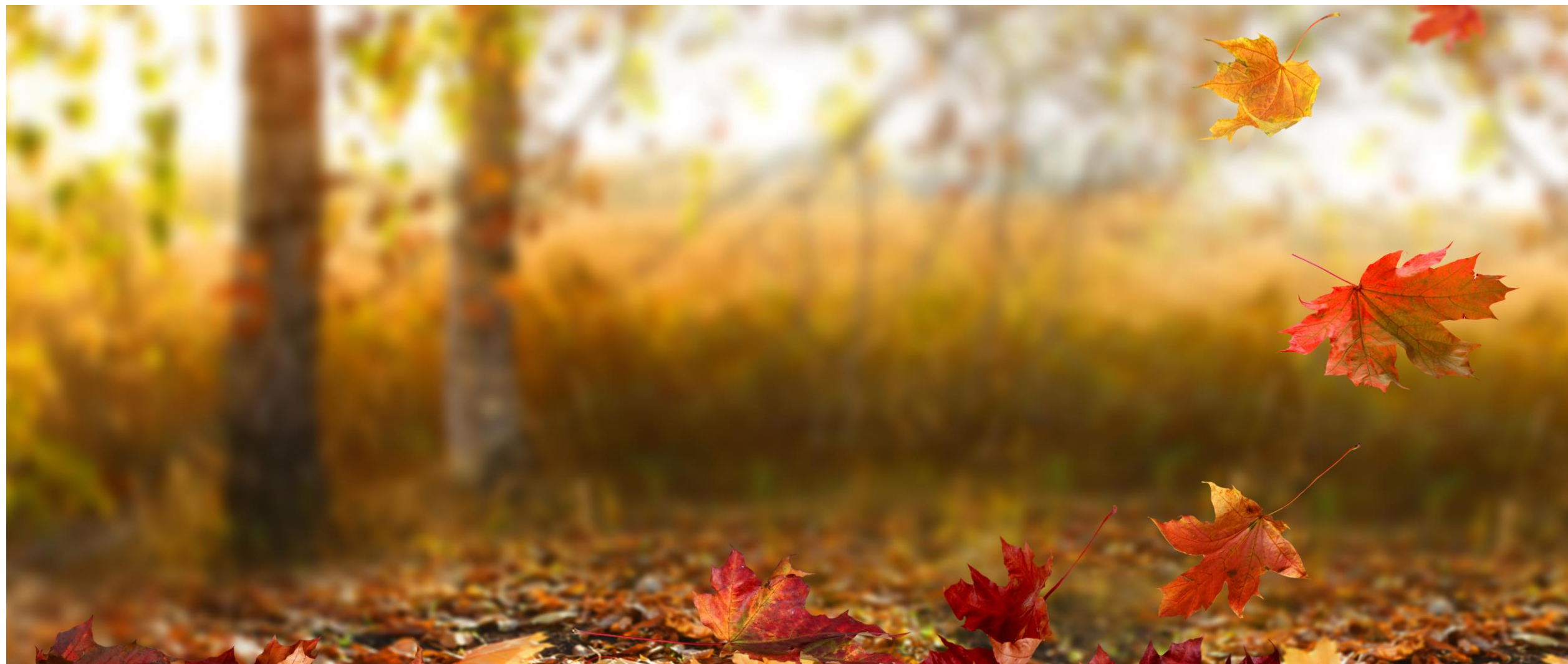
Market Roasted Vegetable Rotini | Cal 360 \$5.95

Vegetable Bread Stick | Cal 35

Side Fruit | Cal 80

Flavor & Fire Ginger Sesame Chicken Salad | Cal 490 \$6.50

Soup Cream Mushroom | Cal 350 \$2.30



Wednesday, September 30, 2020

Breakfast Breakfast Strata | Cal 230

\$4.00

Market Chicken Taco Salad | Cal 600

\$5.95

Side Beans and Rice Pilaf | Cal 624

Side Watermelon

Flavor & Fire Shrimp Scampi | Cal 450

\$6.50

Soup Chicken Taco Soup | Cal 230

\$2.30



Thursday, October 1, 2020

Breakfast Orange & Cinnamon French Toast Fruit I Cal 365 \$4.00

Market Chicken Club Sandwich 440 \$5.95

Vegetable Chips

Side Watermelon

Flavor & Fire Pork Chops and apple sauce I Cal 140 \$6.50

Soup Beef Noodle I Cal 180 \$2.30



Friday, October 2, 2020

Breakfast Bagel Breakfast Sandwich, Fruit I Cal 370 **\$4.00**

Market Philly Beef Grinder 630 **\$5.95**

Side Fruit I Cal 80

Flavor & Fire Green Chili Chicken enchilada 430 **\$6.50**

Soup Leek and Potato Soup 200 **\$2.30**