

Info to Know

Change—love it or not, it's coming

How we choose to navigate life changes rests completely within ourselves. Whether we run to it with open arms with a spring in our step or are drug to it kicking and screaming, the fact remains that changes in life are non-negotiable.

Shodair's mission to heal, help, and inspire hope has remained at the forefront of every day decisions and long-term strategic planning since the doors first opened 125 years ago. That commitment is also the motivation behind the decision to build a new hospital, whose completion is expected by 2023.

The new facility will provide safe, more flexible, and more hopeful space so Montana families can receive the care they need without an excessive wait.

Construction Update



The extremely large hole behind the hospital is the very early stages of what will someday be a vibrant new building. The basement walls were just taking shape before the recent snowfall blanketed much of Montana. The space above will house laundry, IT and the warehouse.

A couple highlights of the building Project:

- The front doors of the new building will be about where the pirate ship on the playground once was. We hope to install for the Group Home later this year.
- New Pool
- Individual Patient Rooms
- Private Ambulance Entrance
- Public Café
- Safe, Hopeful, and Therapeutic yet Flexible Space
- 18 Mature Trees were Relocated around the new shop area



Architectural rendering of main entrance of the new hospital



Just like so much of the world, a lot has changed in construction in 125 years. This picture was taken in 1937 of Shodair Hospital being constructed in its former location on Helena Avenue

Farewell to John Perros



One of changes around Shodair is the official retirement of Pharmacist John Perros. John worked at Shodair for the past 20 years, but most locals remember him as the owner of Downton Helena's Coney Island.

John is an avid golfer and is looking forward getting in more tee times and more grandpa time in his retirement.

Best Wishes, John!

Inside

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Shodair awarded *Innovation Grant* to support youth and parents

The Shodair outpatient department was recently awarded a \$53,000 Innovation Grant from the University of Montana's Center for Children, Families and Workforce Development. The grant funds will be used to address issues faced by at-risk youth transitioning into adulthood as well as testing ways to facilitate family engagement by improving understanding of how to support young family members struggling with mental illness.

These transitioning and family engagement programs will include:

- High school mental health life skills training for high school aged residents at Shodair

- Young adult life skill support groups in the community

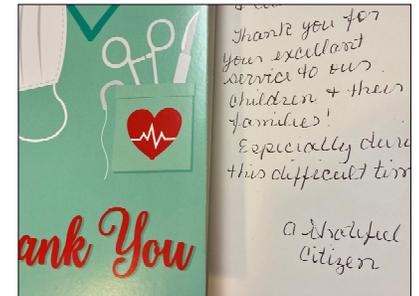
- Assisting parents in identifying community resources available to them and their family members

- Parent support groups

- Parent mentoring services

"With the expansion into outpatient services, our providers have become acutely aware of the significant need to assist at-risk youth as they transition into adulthood and to assist parents with learning new parenting skills for meeting the needs of a child struggling with mental illness," says Kayleigh Verhelst, Director of Outpatient Services. "We hope by piloting these various program models using grant funds we will be able to identify what works well and then share the models with other communities across Montana".

The grant period runs from February through September 2021.



We recently received this note of gratitude from a grateful citizen. Please know the work you do is very much appreciated. We each play a role in helping Montana families heal and find hope for a healthier tomorrow. Thank you!



Partnership expands access

Shodair's Genetics team recently partnered with University of Montana researchers to expand Montanan's access to Precision Medicine

Thanks to a \$140,000 grant from the Montana Mental Health Trust, Shodair and the University of Montana's Skaggs School of Pharmacy will address the barriers to developing a pharmacogenetics implementation program that is tailored to the needs of Montana's patients, providers, and health systems to facilitate the delivery of pharmacogenetics.

Pharmacogenetic testing has evidence-based, detailed gene/drug clinical practice guidelines for providers to use in customizing prescribing decisions. "Our project provides an exciting opportunity to expand access to pharmacogenetic testing across the state, and to train health professionals in this rapidly developing area," says Corbin Schwanke, Chief Administrative Officer of the Medical Genetics department. "This partnership between Shodair and the newly founded Skaggs Institute for Health Innovation at the UM Skaggs School of Pharmacy is poised to be the first in the US to implement a comprehensive pharmacogenetic program that includes both testing and pharmacological consultations in rural and tribal populations, and will provide the expertise and infrastructure to support widespread implementation for health systems and healthcare providers across the state of Montana."



Psychiatry & Genetics December 2020 Update

Percent Occupancy per Unit:

Group Home: 100% Grasslands: 85%
Glacier: 61% High Desert: 68% Yellowstone: 59%

Virtual Outpatient Visits:

Helena: 834 Butte: 107
Missoula: 181

In Person Outpatient Visits:

Helena: 168 Butte: 39
Missoula: 38

Acute Admissions:

High Desert: 10
Grasslands: 53

Percent of Patients on Medicaid:

Inpatient: 67%
Outpatient: 64%

Clinical Genetics

December 2020

General In-Person: 0

Neuropsych: 4

Metabolic: 5

General Tele-Med: 49

Cleft Palate: 15

Cancer: 5

Dietary: 3

Total : 71

Genetics Laboratory

Molecular Tests: 84

Cytogenetic Tests: 25

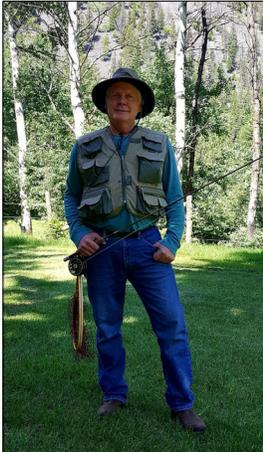
Total: 109



To heal, help, and inspire hope

Happenings

Employee Spotlight— Ron Wiens , Director of Outreach



Ron Wiens has worked at Shodair for the past 15 years, but two under his current title of Director of Outreach. He is kind and gentle and is known as a calm, harmonious, and gracious man.

Ron has seen many changes during his tenure at Shodair and wears the Shodair logo as a badge of honor. Ron has settled into his role in outreach and, when asked what exactly he does, he responded, “Mostly its reaching out to the stakeholders, customers and potential partners of Shodair to listen to their perspectives on the mental health and genetic needs of the kids in their communities and then trying to figure out how Shodair might assist them in meeting those needs. Sometimes it works into an expansion of our current services and sometimes into a totally new service.”

Ron and his wife Kim moved from Michigan to Montana in 1985 to start their careers and raise a family. Prior to his time at Shodair, he worked as a CFO in Libby and a CPA in Billings. After Ron and Kim raised their two children, Zach and Kaitlyn, and became empty-nesters, Ron looked for a new challenge and joined the Shodair family in 2006.

Ron describes his current role at Shodair as a dream come true. “I love what I do because it inspires me to create win, win, win scenarios especially for the kids and families of Montana that we deeply care so much about at Shodair”.

Ron is unofficially the Shodair weatherman and is always eager to talk about the next looming winter storm or how many days in a row the sun has been out in the summer. On his days off, he enjoys being outdoors camping with his wife and grandkids or hiking mountains with his now adult children. He recently got back on the slopes, only to suffer an injury to his ACL So for the rest of this winter, Ron will be found sitting in his recliner enjoying a cup of coffee and a good book, snuggled in a homemade quilt made by his wife. At least until next season.

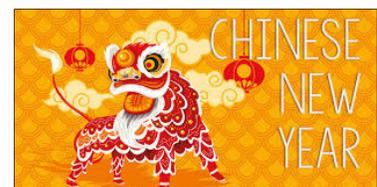


Panda Express Lunar Celebration at Shodair

February 12, marked the beginning of Lunar New Year and the Year of the Ox in the Chinese zodiac. Lunar New Year celebrates the coming together of family and friends to feast and welcome the new year and is the most important festival in China. It lasts for 15 days and this year we are joining in the festivities. Last Friday, employees are encouraged to wear red, stroll through the breezeway to check out the decorations made by patients and enjoy a free

Panda Express in the café, while patients enjoy the same on the Units. This was a great way to celebrate Shodair employees, patients, and one of our CMN Partners, Panda Express.

Since 2007, Panda Express has been bringing good fortune to millions of kids treated at Children’s Miracle Network Hospitals by asking for donations at the register all year long. Funds donated stay local and impact patients and families across Montana. We are grateful for the ongoing partnership with Panda Express, and the many ways they address the mental, emotional, physical and spiritual needs of children, bringing them courage and hope to heal and thrive.



Culture

Sanctuary Zoom Training Dates:

- Feb. 12 from 10 a.m. to noon
- Feb. 17 from noon to 2 p.m.
- March 3 from 6 to 8 p.m.
- March 17 from 1 to 3 p.m.

All new employees and/or employees who would like a Sanctuary refresher are encouraged to sign up for a Sanctuary class.

Looking for a team refresher on a specific Sanctuary concept? Let your supervisor know or contact Jen Buscher at jbuscher@shodair.org so plans can be made with the Core Team to work with your individual department.



Tom Livers joins Shodair

Tom Livers, husband of the late Ellen Livers, a Shodair employee who passed away in November, recently joined Shodair to handle the hospital's Government Relations. Tom brings with him a successful career in state government, and a close tie to Shodair. Since 1978, he progressively

held positions responsible for sustainable energy, infrastructure financing, environmental protection, budget management, and program policy. He is delighted to join the Shodair family in this way because not only is it a good use of his skills and experience, but is also a great way to honor Ellen's legacy, he said.

The most immediate priorities for Tom are to immerse himself in bills that impact Shodair and the people we serve. Tom isn't working as a lobbyist; that work is done by Bill Warden, an ex-legislator with whom he already has a good working relationship. "I'll focus more on communication to ensure folks here are aware of what's happening with key issues and that Shodair's voice is heard."

Tom is an avid fisherman and said he is continually learning, one step forward and two back. His favorite streams are Rock Creek and the Big and Little Blackfoot Rivers, and always loves a chance to fish the Madison, Gallatin, and Firehole Rivers.

"I enjoy hiking and cooking," he said. "Ellen counseled being cautious in hiking and adventurous in cooking. I'm trying to live up to half of that advice."

We are thrilled to have Tom aboard!

Upcoming Certification:

Shodair is about to reach a major milestone in our trauma informed care journey:

Sanctuary Certification!



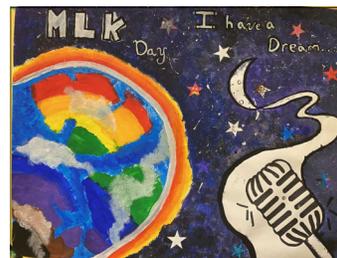
What will the certification process look like?

Part 1: Virtual (Zoom) Sanctuary Certification on February 23rd and 24th; independent reviewers will interview teams from across the hospital. **Part 2:** An onsite survey will be scheduled once travel and visitors are permitted on campus. More information to come as this process develops.

SELF Notepads

The core team has developed S.E.L.F. tear pads available for your use! These are great tools to use with individual team members or patients. Pick up a notepad at the front desk!

Diversity



We celebrate all heritages at Shodair and work to provide safety for individuals to be themselves. Being Open to All is part of our culture and helps us serve

our mission, "To heal, help, and inspire hope." This symbol represents the safety at Shodair.

February is Black History Month and National Nutrition Month. Valentine's Day, today, Feb. 17, is Ash Wednesday, Feb. 28 is Rare Disease Day, and Feb. 22 is National Walking the Dog Day.

Last week we celebrated the Chinese Lunar New Year. Patients are learning about the Chinese culture and making art projects that are on display for the day in the Breezeway. Patients and staff enjoyed lunch from supporter Panda Express. ShoRoc paid for the patients' meals and employees meals paid for by administration. Thanks to everyone for helping to make this a fun day!

Foundation

Manhattan Ace Hardware Store recognized for outstanding fundraising

Ace Hardware's goal for their Round Up campaign this past holiday season was \$2 million. They knew they would need an exciting incentive to entice Ace associates to make the ask at checkout, so Duracell Batteries agreed to sponsor a contest for the holiday Round Up campaign. The top 30 stores across the nation who had the highest transaction rates would receive a donation for their CMN hospital. **It was announced last week that Ace Hardware of Manhattan not only made the top 30, but reached 10th place!** Because of their dedication for making the ask at checkout, Duracell will be donating \$3,000 to Shodair Children's Hospital in their honor. **Amazing job!**



ACE Foundation Grant of \$25,000.00 to fund new playground

The Ace Hardware Foundation is a nonprofit organization that exists to enhance Ace Hardware's vision of being the "Helpful Place" through philanthropy. This past December, the Foundation offered Children's Miracle Network hospitals an opportunity to apply for additional funding for a specific area of or need within their hospital.

Out of the 94 submissions the Ace Hardware Foundation received, they selected Shodair Children's Hospital's playground project for the new building as one of the projects they wanted to help fund! We will receive \$25,000 to go towards making our new playground area a safe, welcoming environment for kids of all ages. **Thank you, Ace Hardware!**



Special shout outs to Great Falls, Whitefish, and Ronan Dairy Queens

Special shout out and sincere thanks to two Dairy Queen locations in Great Falls and one each in Ronan and Whitefish for each raising \$5,000 for Shodair using coin canisters! Each location had coin canisters set up near their cash registers all year long last year, and the few coins each customer dropped into the canisters certainly added up.

We appreciate your year-round support!



Great Falls DQ owners, Steve and Lola Galloway pose here with a check for \$10,000.

Have an interesting hobby or experience you'd like to share? Know someone who does? Or just have an idea for this newsletter?
Contact Alana at alistoe@shodair.org

Did you know Shodair's Behavioral Standards are available on the intranet?



Great Clips award for the Bozeman Store

One of our Great Clips salons in Montana received national recognition for their fundraising efforts during their 2020 CMN fundraising month. This year, all Great Clips salons that raised at least \$1,500 during their annual CMN Balloon Campaign were entered into a drawing to win a Prize Pack courtesy of Great Clips, Inc, as well as a \$400 gift card for additional prizes or meals for the salon team. The Great Clips salon in Bozeman was one of the six salons across the country to win this prize. This is a huge testament to their team's dedication to raising money and awareness for our hospital, even during the pandemic. **Congratulations!**