

Info to Know



Meeting the Need

Part of Shodair's Strategic Plan is to identify what services are needed in what communicates and then determine if there are partners that would invite us.

Three years ago Shodair embarked on a journey to provide a continuum of care for Montana families in need of mental health services by breaking down access barriers. In the fall, Shodair's Outpatient Services began in Helena. The response was tremendous and appointments quickly filled up. A year later Shodair opened an outpatient clinic in Missoula and last year, despite the COVID-19 pandemic, we opened an outpatient clinic in Butte. It hasn't gone perfectly and there have been many details to iron out, but today the gears are pretty well greased. Last year Shodair serviced more than 4,000 patients and that number could nearly double for 2021. Recently Shodair opens it's doors to Bozeman Clinic and sometime early next year, we are looking to expand clinic locations to Great Falls and Lake County.

Making mental services more accessible meets our mission, demonstrates a willingness to meet the needs of Montanans and break down barriers with the hope of helping to create a more hopeful future for the patients we serve. We don't claim to be the experts at everything, but we do want to be at the table. The Shodair family is interested in collaborations that improve health for Montanans from all four corners.

Shodair has always been Montana's hospital, beginning as an orphanage and evolving to meet the needs of our community to what we are now. We remain steadfast and committed to Montana as 99 percent of our patients come from within this great state. But, we, like so many organizations in health care across America, face challenges with staffing which has caused us to cap census. This isn't an action that feels very good because it means that children in crisis are waiting for a bed to open. Trying to navigate keeping our patients staff, and the greater Shodair community as safe as possible in addition to having to quarantine, limit admissions, and adopt policies and procedures in an ever-changing landscape of a deadly virus is a challenge. It's an uncertain climate we live in and while hard to predict the future, we vow to remain committed to the families of Montana, dedicated to our mission, and loyal to one another by each other's backs. We are grateful for the trust given to us by the families we serve, and that's something we will never take for granted.

Building Project Update



The construction of the new facility continues to progress smoothly, but gone are the more obvious signs (like cranes) of new structure taking shape. Construction will be more focused on the interior; progress will now be less obvious from the outside, but not to worry, work continues at a steady pace. The patient pods are being installed, as well as windows and heat, (which are making tours more pleasant). Tours are available on Fridays and sign-ups are at the front desk. In the coming weeks work will continue on the siding, and the elevator installation is scheduled to begin.



Tours are an excellent way to re-energize, re-engage, and remind us all of the hope found from the care we provide. So if you haven't taken a tour, we encourage you to do so soon!

Fundraising continues full steam ahead and the Foundation is halfway to meeting it's goal of \$14 million. This new hospital is for all of us to better care for the patients we serve and so its important employees feel a sense of ownership. It's this ownership that helps our donors believe in our mission and offer their support.

We recently provided a tour to a group of supporters from Montana State University's Dance Marathon event (held in March in Bozeman) and another to credit union executives from around the state. The enthusiastic groups asked engaging questions and with each answer the sparkle in their eyes got brighter. The excitement continues to grow and we are proud of this effort and honored to watch it move forward.

 **LinkedIn**

Are you engaged in social media?

 **YouTube**

Please follow, like, and share our posts about Shodair happenings!





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Got an idea for Info to Know?

Mention it to Cathyann at the front desk or email cchristian@shodair.org



Shodair employees are 81 percent vaccinated.

Employee Spotlight

Tyler Osborne—Shodair’s Executive Chef

Tyler Osborne has accepted the position as Executive Chef for the Shodair Café. Osborne has served as the interim executive chef twice since he started in January of 2020. Tyler joined Shodair to do work in a profession he loves and make a difference in the world. He recently accepted the opportunity fill the permanent role and has done so seamlessly. In his nearly two years here, he has been a dedicated team player, furthered his culinary education, and developed his leadership skills.

Tyler said this job almost completely eliminates complacency about feeding people because this job allows him to use his abilities to give back to the community. “I feel a sense of fulfillment at this job that I haven’t experienced since back when I started cooking. It might sound cheesy and cliché, but I truly get back ten fold what I give to these kids who are just trying to gain the tools they need to cope with mental illness and also learn how to be their best selves while navigating through this world. Yes, I love giving them great meals, but I mostly love the rare moments when I get out of the kitchen to talk to them and interact with them and learn about what wonderful individuals they are.”

“I feel beyond fortunate and grateful to have found a place where I can use my passion to give back in such a profound way. I’m very lucky to have such a great support system through our amazing team in our department and also throughout the hospital as a whole.”

Tyler is super excited about the new hospital and to be in this role through that transition. “I feel privileged to be in such a place to serve the greater Montana community as a whole in even a larger capacity. This is responsibility I don’t take lightly.”

We are confident Tyler will continue to help lead the café staff in their part in meeting our mission. **Congrats Tyler!**



Thanks to everyone who made it to the employee barbeque! Below are a few photos from the fun event. Special thanks to allied therapy for running the ropes course!



Credit Unions wear jeans

For more than 25 years Montana’s Credit Unions have held fundraising event to support Shodair. Most recently, credit unions across Montana participated in Miracle Jeans Day. Staff pay \$5 on this day to be allowed to wear blue jeans to work, and many credit unions matched their employee’s contributions. Here are some photos from the events: Mari Ann at Montana Health Federal Credit Unions (left) had a relative recently helped at Shodair. Over in Hamilton, the Ravalli County Federal Credit Union held its annual bake sale and exceeded their goal.



Psychiatry & Genetics August & September 2021

August Percent Occupancy per Unit:

Group Home: 56% Grasslands: 64% Glacier: 39% Yellowstone: 48%

September Percent Occupancy per Unit:

Group Home: 45% Grasslands: 50% Glacier: 38% Yellowstone: 46%

In Person Visits: Helena: 531 Butte: 93 Missoula: 51 Bozeman: 1

August Virtual Visits: Helena: 411 Butte: 93 Missoula: 51 Bozeman: 1

In Person Visits: Helena: 561 Butte: 107 Missoula: 59 Bozeman: 1

September Virtual Visits: Helena: 705 Butte: 187 Missoula: 132 Bozeman: 44

In Person Visits: Helena: 197 Butte: 16 Missoula: 10 Bozeman: 7

August Acute Admissions

Grasslands/High Desert: 30

September Acute Admissions

Grasslands/High Desert: 22

August Percent Medicaid:

Inpatient: 78% Outpatient: 60%

September Percent Medicaid:

Inpatient: 85% Outpatient: 55%

Clinical Genetics August General In-Person: 35 Metabolic: 8

General Tele-Med: 14 Cancer: 3

Dietary: 5 Total: 71

Genetics Laboratory Molecular Tests: 96 Cytogenetic Tests: 23

Total: 119

Covid Testing Carroll College: 649 Shodair: 55

Happenings

Shodair is proud to introduce two psychiatrists



Dr. Kathryn E. Brogan and **Dr. Seth Simpson** joined the Shodair psychiatric treatment team at Shodair Children's Hospital in 2021.

Dr. Brogan serves as the attending pediatric psychiatrist on the adolescent Glacier Residential Treatment Unit. She earned her medical degree from the University of Louisville School of Medicine in 2016. She completed her Psychiatric Internship and Residency at Northwestern University in 2019, and her Child and Adolescent Psychiatry Fellowship at the University of Utah in 2021, where she was elected and served as Chief Fellow.

Dr. Brogan has a special interest in pediatric bipolar, psychotic, and trauma-related disorders, trauma-informed treatment, holistic and integrative care, and supporting LGBTQI+ youth and their families in the community.



Dr. Seth Simpson is both a pediatrician and child and adolescent psychiatrist. He started at Shodair in the summer of 2021. He was inspired to pursue a career in the medical field by his parents, both of whom are registered nurses.

Dr. Simpson strives to collaborate with his patients and their families to build relationships and achieve their healthcare goals by designing individual treatments plans tailored to each patient. He has performed research related to the use of psychotropic medications to better understand the use of these medications in pediatric populations. He attended medical school at Michigan State University where he was inducted into the Alpha Omega Alpha medical honor society. He trained in the Triple Board program at Cincinnati Children's Hospital Medical Center, where he completed residencies in pediatrics and adult psychiatry, as well as a fellowship in child and adolescent psychiatry.

During his free time, Dr. Simpson enjoys spending time with his wife and children, camping, hiking and fly fishing.

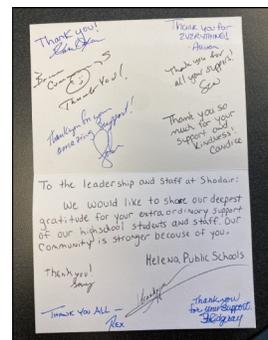
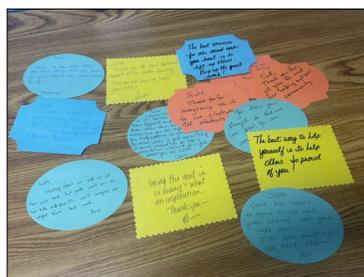
Community grateful for Shodair

After two teen suicides earlier this month in Helena, Shodair employees immediately went into action identifying ways to support the schools and the community.

A group of Shodair employees, including Aubrey, our new facility dog spent time supporting Helena students and district employees during the school day. And, three teen support groups were held at 1889 Coffee House for anyone in the community.

Hats off to those employees who stepped in during this difficult time. You are meeting our mission and we couldn't be more proud!

The photos to the right are notes of gratitude Shodair received for our response.



Engaged Shodairians

The League of Women Voters recently spent a few hours manning a table in front of main entrance to register voters and inform those already registered about the recent election.



Employee accomplishments



Therapists **Diana Stonehouse** and **Sarah Bigley** achieved their Licensed Clinical Social Worker status and **Lauren Leslie** and **Charla Lucibello** their her Licensed Counselor Professional Counselor status!

Earlier this year, **Alicia Galahan** passed her boards to become a psychiatrist mental health nurse practitioner.

Allied Therapist **Brigette Hughes** completed her certification to become a recreational therapist.

Cathynn Christian recently passed her test to become a notary.

Kudos to all these employees for working towards and accomplishing a goal!

Culture



Dr. Foster recognized



This past spring, Shodair Psychiatrist Dr. Keith Foster received the WWAMI Pro Award. WWAMI is a medical-student driven recognition program that was created to empower students to honor moments of professionalism in the UW School of Medical community. UW medical students recognize individuals who contribute to a positive, respectful, and supportive learning environment.

Dr. Foster has worked for Shodair for almost 20 years and is the former medical director of psychiatry. Congratulations, Dr. Foster!

Shodair Children's Hospital is certified in trauma-informed care by the Sanctuary Institute and every employee receives training!

Support for NAMI

Thanks to everyone who helped our team for the NAMI Walk despite the decision not to attend as a team in person this year due to COVID-19.

Employees sent in photos of enjoying life with their loved ones in the name of fighting stigma! Here are a few of the pictures sent in!

We are hopeful next year will be back to an event that we can attend *together!*



Employee Giving Fund

Did you know Shodair has an employee giving fund? Did you know you can designate your donation to the greatest need, which helps provide services to families less fortunate; to ShoRoc, which pays for experiential learning and activities beyond the regular programming provided; or to the Capital

Campaign that is funding the new hospital. Recently, ShoRoc paid for patients to receive dance lessons; for the hospitals 12-string guitar to get a tune up and new strings; extra goodies in Easter baskets; and will cover costs of the upcoming Prom for the Glacier Unit.

A special thanks to those employees who generously give because a little goes a long ways when we put it together! Last year employees contributed thousands of dollars into our mission: To heal, help, and inspire hope.



AWKWARD FAMILY PHOTO CONTEST

Send your awkward, hilarious, weird, and embarrassing photos by December 20, 2021 to cchristain@shodair.org. Winner announced Dec. 23, 2021.

A photo of a man and a woman in formal wear, possibly at a wedding or event.A photo of a man and a woman with a dog, possibly at a family gathering.A photo of a woman holding a dog, possibly at a family gathering.A photo of a man and a woman in formal wear, possibly at a wedding or event.

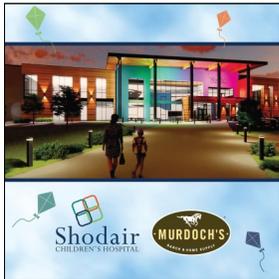
Foundation

Gifts for Shodair patients



This holiday season remember if you shop on Amazon to select us as your charity through AmazonSmile. This year, we also have created a wish list to make shopping simpler and ensuring our patients receive gifts they can use while in our care. Your generosity can make a difference in the life of a child in need. Give the gift of Christmas by shopping our online Christmas wish list, [Amzn.to/3bTHiWc](https://www.amazon.com/?ref=af_pn_charity). You can also drop your unwrapped gift donations at the front desk at the main entrance during regular business hours. Or you can ship them directly to Shodair Attention: Santa's Workshop at 2755 Colonial Drive, Helena, Montana 59601 Questions: Call Alana at 406.444.7561 or alistoe@shodair.org

Thanks to Murdoch's



Thanks to our new partnership with Murdoch's and a three month fundraising effort by all the Murdoch's stores in Montana and in Powell, Wyo., \$45,584 was raised for our new building! We are so appreciative of the Murdoch's corporation and for their passion, interest and support of the youth of Montana and their families. The next time you visit a Murdoch's store be sure to express our gratitude for their willingness to assist in our mission/vision.

Donation from the Paynes



Thank you to Terry and Patt Payne who generously gifted \$500,000 to benefit Building Hope for Montana Families. Shodair is on a mission to transform our current facility to provide access for all Montana families who require the unique, broad spectrum of behavioral health and genetics services our organization provides. Mr. Payne said he hopes their contribution will encourage others to consider making their own because Shodair has such a trusted reputation across Montana and beyond.

CMN PlayYellow Golf Tournament Success



Children's Miracle Network Hospital Initial PlayYellow Golf Tournament was held in September at Rock Creek Cattle Company Golf Course. The event was the first of its kind here in the state of Montana connected with Jack and Barbara Nicholas' efforts to support CMN hospitals across the nation. We were very honored to have in attendance Mr. Ben Parker/CMN Golf Associate from the Salt Lake City office and his wife. Under the leadership of Major Gifts manager **Adrienna Hines** (pictured) and the rest of the Foundation Department team the tournament raised just over \$50,000 along with connecting many new prospective donors to our Capital Campaign's effort and the story of Shodair. The two winning golf teams recently traveled to the CMN PlayYellow tournament in Florida to meet Jack and Barbara Nicholas and golf at their golf course.

Welcome Aubrey!



Shodair's new facility dog **Aubrey** arrived and got right to work! Patients and staff are already in love with this wonderful pup and we are all grateful to the entire Allied Therapy team, particularly **Lindsay Meverden** for agreeing to be her primary handler with support from **Bridgette Hughes** and **Melissa Nichols**.



Halloween fun

After several years of Human Resources winning the Shodair trophy for best Halloween costume, this year there are new winners: Clinical Leadership won for their Price is Right costume (pictured to the left). Costumes are voted on by the patients. Pictured right are other great costumes staff wore.

