

# Case Management Services Through Shodair

## WHAT IS CASE MANAGEMENT?

Case Management (CM) is a service provided to families and clients to help support mental health needs. Case Management supports clients and families by putting the best services in place to help each client and family achieve success through various forms of treatment. Case Management coordinates and monitors each case and makes referrals that are necessary to drive treatment direction towards a positive goal.

## CASE MANAGEMENT INCLUDES:

- Coordination of services
- Relationship building between client's and their caregivers
- Individualized treatment planning
- Case planning/direction
- Community relations
- Assessment and referral
- Crisis intervention and support

## WHO PROVIDES THIS SERVICE?



Shodair Case Managers will provide this service. Case Managers will coordinate, monitor, and refer to provide the best quality of care.



### WHO WILL CASE MANAGEMENT SERVE?

Case Manager will serve a large demographic of clients with diverse cultural backgrounds. Case Management serves Medicaid clients and families who request or need the service. Case Management follows the child throughout any level of care.

### HOW DOES A CHILD GET INTO CASE MANAGEMENT?

A simple referral should be made to Shodair's Targeted Case Management program. A referral can come from any service or member of the community. The program manager will assess the referral and assign cases to Case Management staff.

### WHAT IS THE GOAL OF CASE MANAGEMENT?

- To provide the best quality of care for clients and their families.
- Find services that best fit the need of the client.
- To coordinate and monitor each case and make referrals to the appropriate services.
- To build child, family and community relationships to best support each client.

### WHAT IS NEEDED FROM PARENTS?

Involvement and participation! Parents involvement is essential for treatment and success. We believe in a teamwork approach between parents, teachers, case managers, and outpatient/community providers. A parent's input is valuable during treatment, therefore is a highly valued voice in the care provided.

### WHAT IS THE COST?

Case Management is covered by Medicaid (Healthy Montana Kids+). Medicaid covers the full cost of Case Management services.

