



To heal, help, and inspire hope

SHODAIR ROPES COURSE

The Allied Therapy Department at Shodair Children's Hospital focuses on helping patients have successful experiences through different recreational and leisure interests. The ropes course is one of the experiences offered where children learn how to process choices, to be self-advocates as well as being a support to other members of the group.

Challenge By Choice

The ropes course teambuilding program utilizes the principle of "Challenge by Choice." Given that many of the challenge course elements put people in places outside of their comfort zone, the philosophy revolves around each individual having the choice to choose their limitations. This recognizes that for each of us, success is based on personal aspirations.

Corporate Teambuilding

Participation in the Shodair's rope course provides an excellent teambuilding experience. This will assist groups in conquering challenges and overcoming obstacles that easily translates into the work environment. It requires individuals to assess what they need to be successful and the opportunity to communicate that to their peer group for support.

Ropes Course Team

The Ropes Course at Shodair staff are trained, professional, skilled employees that receive annual continuing education on the technical skills needed to safely conduct sessions on the course. The Ropes Course at Shodair is actively used by our patients as an integral part of Allied Therapy.

Participants

The ropes course is ideal for groups of all sizes, levels, demographics, or disability accommodations. The maximum number of participants for a two-hour session is 20. All participants must sign Shodair's waiver. It is recommended that participants dress in layers because the temperature fluctuates throughout the day. Please no leggings, longer shorts, however cotton or jean material is best. Please no jewelry. Only lace-up shoes. Sunglasses are beneficial. Sunscreen and water.

Contact

Shodair's team will work with each group to make arrangements.

Please contact Melissa Nichols at mnichol@shodair.org or (406)444-7573 to discuss any needs or accommodations.

If weather is bad, rescheduling may be necessary. This includes rain snow, smoke, heat, snow or wind.

