

# ABOUT SHODAIR

Since 1896, Shodair Children's Hospital has cared for Montana's most vulnerable residents.

The legacy has evolved throughout those years to cater to the ever-changing needs of Montana families.

- Today Shodair provides Acute and Residential Psychiatric Inpatient Services to children ages 3 to 18 years old
- Outpatient Mental Health Services to children, young adults, and families
- 99 percent of patients are from Montana
- Montana's only Children's Miracle Network Hospital
- The Medical Genetics Department at Shodair is the state's only medical genetics program and provides comprehensive services to patients of all ages.
- Shodair is certified in the Sanctuary Model®, a cultural structure that promotes safety and recovery from adversity through the active creation of a trauma informed community. We are committed to practicing these organizational values:
  - **Nonviolence** Being safe physically, emotionally, morally, and socially regardless of gender, race, religion, sexual orientation, countries of origin, abilities, or income levels.
  - **Emotional Intelligence** Managing our feelings so we do not hurt ourselves or others.
  - **Social Learning** Respecting and sharing the ideas of our teams.
  - **Open Communication** Saying what we mean and not being mean when we say it.
  - **Social Responsibility** Together we accomplish more, everyone is accountable and makes a contribution.
  - **Democracy** Shared governance; ideas are shared but not everyone gets a vote.
  - **Growth and Change** Creating hope for ourselves, our patients, families, organization, and Montana.

## BUTTE OUTPATIENT CLINIC

711 West Silver Street  
Butte, MT 59701  
406.444.1069

## HELENA OUTPATIENT CLINIC

2620 Shodair Drive  
Helena, MT 59601  
406.444.1125

Schedule virtual appointments from  
anywhere in Montana 406.444.1125



406.444.7500 • 1.800.447.6614

Charitable contributions gratefully accepted  
shodair.org



To **heal**, **help** and **inspire** hope

OUTPATIENT  
SERVICES



Shodair  
Children's  
Hospital

Shodair was the first place I'd ever been that had people who truly listened and cared about my children. They looked at my child as a whole person not as a name on a list to be checked off. They have equipped our whole family with the tools and resources we needed not just to get by but to flourish.

- Shodair Patient Parent

Shodair Children's Hospital provides psychiatric outpatient services for children and families with a team of professionals that include child and adolescent psychiatrists, psychiatric nurse practitioners, registered nurses, nutrition consulting, medication management, and speech and occupational therapists.

### SPEECH THERAPY

Speech-Language Pathologists or SLPs, at Shodair are therapists that better help patients communicate their needs with others. SLPs at Shodair are ASHA certified and maintain this level of accreditation to provide excellent care.

They treat a number of disorders including: articulation, fluency, social language, receptive language, expressive language and nonverbal/autism concerns. Patients are welcome to attend in-person and virtual visits during flexible hours to accommodate their schedules.

SLPs at Shodair are trauma informed and work in careful coordination with caregivers and schools to assure quality treatment.

### OCCUPATIONAL THERAPY

Who are occupational therapists and what do they do? Occupational therapists use meaningful activities to help children and youth participate in what they need and or want to do in order to promote physical and mental well-being. They focus on participation in the following areas: education, play and leisure, social situations, activities of daily living (ADLS; e.g., eating, dressing, hygiene), instrumental activities of daily living (IADLS; e.g., meal preparation, shopping) sleep, rest, and work.

### MENTAL HEALTH THERAPY

Outpatient therapy services include individual and family therapy provided by trained professionals with a Master's degree in professional counseling or clinical social work. Therapists utilize evidence-based strategies and treatment modalities to build coping skills and work through stressors and struggles of life. Therapists are trauma informed and work with multiple systems of care to ensure a holistic approach to healing.

## OUTPATIENT SERVICES

are outpatient clinics providing psychiatric care for patients and families.

- Psychiatry
- Nutrition
- Speech Therapy
- Occupational Therapy
- Individual Therapy
- Family Therapy
- Medication Management
- Support Groups

Not all service lines available at all clinics.

All the people are nice and they have helped me to learn how to be brave.

-Steven, age 9



The Shodair outpatient clinics are open Monday through Friday. Each provider has a different schedule so we can offer a variety of times to provide care to children, adolescents, and families.

Patients are seen by Shodair's mental health professionals using telehealth and in-person visits on a case by case basis.

All insurance accepted, including Medicaid.  
In-house financial assistance available.

**406.444.7507**

To schedule an appointment or to get more information call **406.444.1125**.

Shodair has caring and compassionate providers that are dedicated to educating, supporting, encouraging and helping children and their families grow. They have given us the support and tools we need to be a more confident, peaceful and happy family.

- Shodair Patient Parent

